

# Bellflower Buccaneers Lunch Specials September 2015

All Meals Served with 1% White Milk or Non-Fat Milk & Fruit

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|---|--|---|---|---|
| <b>CHICKEN NUGGETS</b> 31<br>Bread Roll<br>Sliced Carrots<br>Celery Sticks<br>Fruit | <b>MAC N CHEESE</b> 1<br>Bread Roll<br>Baked Beans<br>Carrot Sticks<br>Fruit         | <b>BRUNCH FOR LUNCH</b> 2<br>Pancake on a Stick<br>Hash Brown<br>Celery Sticks<br>Fruit and Juice | <b>BEAN AND CHEESE BURRITO</b> 3<br>Salsa<br>Jicama Sticks<br>Fruit                 | <b>BUSD GRINDER</b> 4<br>Lettuce, Tomato<br>Carrot Sticks<br>Fruit  |
| <b>LABOR DAY HOLIDAY NO SCHOOL</b> 7  | <b>ROASTED CHICKEN</b> 8<br>Bread Roll<br>Mashed Potatoes<br>Carrot Sticks<br>Fruit  | <b>BEEF SOFT TACO</b> 9<br>Pinto Beans<br>Celery Sticks<br>Fruit                                  | <b>QUESADILLA</b> 10<br>Garden Salad<br>Jicama Sticks<br>Fruit                      | <b>CHEESEBURGER</b> 11<br>Baked Sweet Potato Fries<br>Lettuce, Tomato<br>Fruit                                      |
| <b>CORN DOG</b> 14<br>Baked Beans<br>Carrot Sticks<br>Fruit                         | <b>CHILE VERDE PORK</b> 15<br>Spanish Rice<br>Sliced Carrots<br>Jicama Sticks, Fruit | <b>MEATBALL SANDWICH</b> 16<br>Green Beans<br>Celery Sticks<br>Fruit                              | <b>TURKEY AND GRAVY</b> 17<br>Bread Roll<br>Mashed Potatoes<br>Carrot Sticks, Fruit | <b>CRUNCHY CHICKEN WRAP</b> 18<br>Lettuce, Tomato<br>Celery Sticks<br>Fruit   |
| <b>BREADED BEEF SANDWICH</b> 21<br>Baked Fries<br>Carrots Sticks<br>Fruit           | <b>BEEFY MACARONI</b> 22<br>Bread Roll<br>Hot Corn<br>Celery Sticks<br>Fruit         | <b>CHICKEN FAJITA</b> 23<br>Refried Beans<br>Jicama Sticks<br>Fruit                               | <b>GRILLED CHEESE SANDWICH</b> 24<br>Garden Salad<br>Carrot Sticks<br>Fruit         | <b>CHICKEN NUGGETS</b> 25<br>Bread Roll<br>Sliced Carrots<br>Celery Sticks<br>Fruit<br><b>*Back to School Night</b> |
| <b>CHICKEN SANDWICH</b> 28<br>Sliced Carrots<br>Celery Sticks<br>Fruit              | <b>SPAGHETTI w/ Meat Sauce</b> 29<br>Bread Roll<br>Salad<br>Carrot Sticks<br>Fruit   | <b>CHEESY NACHOS</b> 30<br>Tortilla Chips<br>Refried Beans<br>Carrot Sticks<br>Fruit              |   |   |

## Other Daily Entrees Include:

**Pizza:** Monday through Friday

**Salad Specials:** Mon-Chef Salad, Tues-Asian Salad, Wed-Caesar Salad, Thurs-Southwest Salad, Fri-Tuna Salad

**Sandwich Specials:** Mon-Turkey Sandwich Cheese, Tues-Crunchy Chicken Wrap, Wed-Ham Sandwich, Thurs-Turkey Wrap, Fri-Turkey Sandwich

**Other Specials;** Mon, Wed & Fri – Chicken Sandwich;

Tues & Thurs – Rib-B-Q Sandwich



Menu subject to change without notice